Deepti Uprety Ghimire

Address: 25 Silkyoak circuit Fitzgibbon 4018

Contact Number: 0420419070

E-mail: deepti.uprety1980@gmail.com

Date of Birth: 02/12/1980

**Career Objective**

A passionate and enthusiastic Assistant Nurse seeking currently working in health care facility where interpersonal skills are put in use on a daily basis, in addition to interpersonal skills, to provide quality care to clients.

**Education**

**02/2020- ongoing Bachelor of Nursing**

 University of Southern Queensland

Ipswich

**2002-2005 Bachelor in Agriculture**

 Kathmandu, Nepal

**Key Nursing Competencies, Strengths, and responsibilities**

* Well-developed interpersonal communication skills
* Strong organizational and time management skills
* Ability work within a team as a proactive, dedicated and effective team member.
* In-depth knowledge of essential physical, emotional, social and mental well-being of aged residents including residents with dementia.
* Knowledge regarding importance of Work Health & Safety and infection control.
* Able to document findings, update assessments, modify care plan as per resident’s dynamic needs, attend ACFI and ensure that the requirement as per care plans are strictly incorporated in day-to-day nursing care.
* Able to provide compassionate and empathetic care with profound professional conduct.
* Able to quickly adapt and improvise when unexpected incidents happen at work.
* Ability to demonstrate strong resilience, correct work ethics at all times.

**Relevant Work History**

**Assistant In nursing- Regis Aged Care, Lucinda, Sandgate**

**Start date: 2019-ongoing.**

Responsibilities

* Assist and support residents to meet their assessed daily living (showering, toileting, dressing, grooming, providing breakfast), social and emotional needs.
* Assisting with various resident paperwork, manual handling, mobilizing residents in walkers or wheelchairs and ensuring resident has opportunity to participate in recreation and leisure activities and reporting any concerns or changes in their condition to senior nursing staff.
* Responsible for working within my Scope of Practice in delivering nursing care as directed by the RN
* application of ointment and cream as instructed by supervisor.
* Assist residents with medication where delegated, within the scope of practice. Perform housekeeping activities
* Observe and report promptly any changes or concerns in resident’s health, well-being and behavior to the immediate supervisor.

**Additional skills and Trainings:**

* Certificate III in Individual support, Aged care
* First aid
* CPR
* Hand hygiene
* Police check

**References:**Name: Eshwori Rana (Ms.)

Position: Registered Nurse

Company’s name: Regis Aged care, Sandgate/St. Vincent care Service, Mitchelton

Contact: 0451225636

Email:esori.rt6@gmail.com

Name: Simrika Gurung (Ms.)

Position: Registered Nurse

Company’s name: Regis Aged care, Sandgate

Contact: 0426761179

Email: gurungsimrika@gmail.com

Name: Shriju Singh

Position: Registered Nurse

Company’s name: Regis Aged care, Sandgate

Contact: 0426761179

Email: shrizusingh@gmail.com

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